

SLEEP EXP^o 2019

September 21-22, 2019 | Vancouver Convention Centre, West Level 1

Why can't I sleep?

How do I sleep better?

Does exercise really help sleep?

Why won't my child sleep?

Am I sleep deprived?

How much sleep do I need?

DO I HAVE SLEEP APNEA?

Do women need more sleep than men?



SLEEP QUESTIONS?

JOIN US AT THIS FREE PUBLIC LECTURE SERIES TO GET THE ANSWERS!

To register and for more information visit sleepexpo.org

Sleep Expo is proud to partner with the following sleep health & patient organizations:

